

# **CITY OF BEVERLY HILLS**

Telephonic / Video Conference Meeting 455 North Rexford Drive Beverly Hills, CA 90210

## **HEALTH AND SAFETY COMMISSION REGULAR MEETING**

### **MINUTES**

Monday, April 26, 2021 4:00 p.m.

### **OPEN MEETING**

Date/Time: April 26, 2021 / 4:02 p.m.

## PLEDGE OF ALLEGIANCE

### **ROLL CALL**

Commissioners Present: Commissioners Rosenthal, Felsenthal, and Hilborne, Vice Chair

Chang, and Chair Baker

Commissioners Absent: None

Staff Present: Mayor Robert Wunderlich, Councilmember Julian Gold,

Councilmember Lester Friedman, Fire Chief Gregory Barton, Deputy Fire Chief Joseph Matsch, Battalion Chief Scott Stephens, Acting Police Captain Max Subin, Meena Janmohamed, Gabrielle

Ressa, Karen Gutierrez, Jessie Holzer

## **COMMUNICATIONS FROM THE AUDIENCE**

None.

# **APPROVAL OF AGENDA**

By order of the Chair, the agenda was approved as presented.

#### **CONSENT CALENDAR**

Consideration of minutes from the regular Health and Safety Commission Meeting on March 22, 2021.

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Motion: MOVED by Vice Chair Kirk Chang, SECONDED by Commissioner Hilborne to

approve the minutes (5-0).

### REPORTS FROM PRIORITY AGENCIES

 Beverly Hills Unified School District (BHUSD) – Honorable Mary Wells, BHUSD Governing School Board Member, and Scott Lovelace, Director of Safety, provided an oral presentation to the Commission. Highlights included return to school, the sports program and COVID-19 pandemic safety protocols, parent education night for building supportive relationships, and the private security partnership with the City of Beverly Hills.

- Beverly Hills Police Department Acting Police Captain Max Subin updated the Commission on police activities including the Police Department's tactical alert status, rallies and protests, distracted driving enforcement, recent major incidents and the partnership with private armed security companies.
- Beverly Hills Fire Department B-Shift Platoon Battalion Chief Scott Stephens updated the Commission on Fire Department activities including the JUST IN CASE, BH Program, personnel training, incidents and response, and the return to work for administration staff based on guidelines by Center for Disease Control and Prevention.

### **CONTINUED BUSINESS**

#### 1. Moment of Mindfulness

Commissioner Erica Felsenthal, PhD, lead the Commission in a "Moment of Mindfulness" which teaches mental health, resiliency, and mindfulness techniques. This month's topic was Mindful Release, which helps protect our minds and bodies by focusing on the present moment.

## 2. Health and Safety Recognition Program

The Health and Safety Commission honors an individual, business, or group who has demonstrated leadership in the field of health and safety, or has made a contribution to the mission of the Health and Safety Commission. For this meeting, Health and Safety Commissioner Lee H. Hilborne MD, MPH, selected to acknowledge the efforts of UCLA Health and Cedars-Sinai. This recognition acknowledges the commitment of the many thousands of employees and volunteers at UCLA Health and Cedars-Sinai that have kept us safe or healed us during the COVID-19 pandemic. Core team members honored were Johnese Spisso, RN, MPA, Karen Grimley, RN, PnD, MBA, Jeff Smith, MD, JD, MMM, David Marshall, JD, DNP, RN, FAAN. Members of the Beverly Hills City Council attended the meeting for this item.

# 3. Smoking and Tobacco Informational Update

Management Analyst Gabrielle Ressa provided an informational update on the current tobacco hardship exemption and appeal case. She shared statistics related to complaints and investigations, and information about tobacco retail enforcement. Gabrielle Ressa addressed Commission inquiries and provided resourceful information for the community.

Resources provided during this presentation:

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> You are encouraged to contact Code Compliance at (310) 285-1119 to report violations of the City's Ordinance.

# 4. COVID-19 Update

Meena Janmohamed, Emergency Management Manager, updated the Commission on COVID-19, vaccine distribution and resources and the partnership between the City of Beverly Hills, Los Angeles County Department of Public Health, and Fulgent Genetics. This partnership allows for a COVID clinic at Roxbury Park in Beverly Hills for all Los Angeles County residents. Meena Janmohamed also spoke on the current resources available and the City's continued response to the pandemic.

Resources provided during this presentation:

- COVID-19 related information is found at <u>www.beverlyhills.org/coronavirus</u> and www.beverlyhills.org/covidvaccine.
- The Appendixes to the Health Order can be found at http://publichealth.lacounty.gov/media/Coronavirus/.
- Disaster Hotline 310-550-4680
- To sign up for notifications text BEVHILLS and BEVHILLSPD to 310-888-777.

## **NEW BUSINESS**

## 5. The Seventh Inning Stretch

This item is a pro-health intermission that focuses on the need to stay active. Dr. Mae Murakami PT, DPT, CLT, lead the Commission in a "Seventh Inning Stretch". She provided a short demonstrational video, which addressed the positive aspects of stretch relief, injury prevention, blood circulation and mind rejuvenation.

## 6. Strengthening Resiliency

This item on strengthening resiliency addressed a 2021 Health and Safety Commission priority topic. Calm'n'Roots LLC CEO Hamutal Gavish provided a presentation on ways to manage stress and build resilience. She shared valuable information and tips on coping with stress and practicing mindfulness.

Resources provide during this presentation:

- Visit <u>www.calmnroots.com</u> for synergistic and alternative wellness.

## 7. National Alliance on Mental Illness (NAMI) Westside Los Angeles (LA)

Director of Programs Tim Davis and Operations/Outreach Coordinator Elizabeth Stephens of NAMI Westside LA shared various wellness tools and resources including programs for all persons affected by mental health conditions. Highlights included the family support and education, peer support and education, and the school-based early intervention/prevention program.

Resources provided during this presentation:

- For events, education and overall wellness visit www.namila.org.

## 8. The Camden Center on Mental Health and Addictive Disorders

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> The Commission heard a presentation by Jason Eric Schiffman MD, MA, MBA, and Chief Executive Officer of the Camden Center, on the impact of COVID-19 on mental health and addictive disorders. He shared important statistics and information to help addressed the addictive disorder pandemic and mental health crisis that society is facing.

Resources provided during this presentation:

For information about treatment of addictive and mental health disorders, visit https://www.camdencenter.com.

## **PROJECT UPDATES**

# 9. Connect Beverly Hills: Meet Me At Wilshire and La Cienega

Transportation Planner, Jessie Holzer updated the Commission on Connect Beverly Hills: Meet Me At Wilshire and La Cienega, a draft streetscape plan and design standards project. The Commission heard a presentation on how to review and provide comments to contribute to the creation of a welcoming streetscape for Metro Purple Line subway patrons.

Resources provided during this presentation:

Project website https://connect.beverlyhills.org

#### COMMUNICATIONS FROM THE COMMISSION

- Chair's Report
  - Mayor's Cabinet Meeting Highlights March 8, 2021
    - Chair Cathy Baker attended the March 8, 2021 Mayor's Cabinet Meeting. Highlights were included in the packet for Commissioners to read.
- Commissioner Items None

## **COMMUNICATIONS FROM STAFF**

- Director's Report None
- Community Emergency Response Team (C.E.RT.) Newsletters March 2021 and April 2021 newsletters were included in the packet for Commissioners to read.

## **ADJOURNMENT**

Date / Time: April 26, 2021 / 6:27 p.m.

PASSED AND APPROVED THIS 24<sup>TH</sup> DAY OF MAY, 2021

Cathy Baker Cathy Baker, Chair